



What's On

Keep our Sea Plastic Free



DECEMBER
2016

23rd OCEAN CARE DAY

SUNDAY 4 DECEMBER, 2016

Love Our Locals

South Steyne Beach

10.30am – 4.30pm

MEC Tent, The Lab, Artists, Music & much, much more!!!

Have a fun Day!

Volunteers needed for the Day – especially Earlybirds!

We are now recruiting volunteers for our Ocean Care Day Festival. We require lots of volunteers for the setup for Ocean Care Day with various shifts available throughout the day. Setting up for the event is where we require the most volunteers as well as assisting with the bump in of exhibitors. These shifts have an early start from 6.00am.

Please contact MEC 9976 2842 or

email mec@manly.nsw.gov.au

Or visit the MEC website: www.mec.org.au

1 or 4
December

Kimbriki Eco House & Garden

Beginners Veggie Gardening Eco Workshops

Learn the basic skills to grow some of your own organic herbs & vegetables. We will set up & plant a new garden together. Food grown using natural organic methods is healthier for you & your family & healthier for the living soil; & the environment.

Everyone can do this. Come & learn with us!

This beginners course will cover the following: What is Ecology? Overview of ALL our workshops; Intro to the Principles of Organic Gardening; Intro to 'Bio-genics' – the healing power of plants; Choosing a site & building the new garden; Soil, planting, mulching, fertilising, pest control; How your garden can keep you & your family healthy; Tasting of edible flowers; The real difference between organic & non-organic food; Questions & answers.

Where: Kimbriki Eco House & Garden, within Kimbriki Resource Recovery Centre, enter by stopping at the 'Cars' entry Kimbriki Rd, off Mona Vale Rd, Ingleside.

10am to 1pm. Cost: Free. Bookings essential. Participants please bring morning tea & wear gardening clothes, hats & closed shoes.

Please check www.kimbriki.com & click on the 'frog logo' or www.ecohouseandgarden.com.au or phone Mon - Fri 9486 3542.

1 – 14
December

Sydney Summer Fun

Julianne Ross Allcorn, with fellow Artists & Students from the Studio of Imagination & Creation Art in Roseville & Enfield, will fill Willoughby Council's Foyer Exhibition Space with artworks of summer fun.

The Studio of Imagination & Creation Art is a small, well-resourced studio that welcomes artists of all ages. They work in different techniques, are encouraged to explore & extend their knowledge & create works that build confidence & extend their love of art. Small classes, full of fun, laughter & joyous creativity; my students call it a 'special place to escape to'.

Willoughby City Council is gratefully acknowledged for the provision of Foyer Exhibition Space.

Address: Foyer Exhibition Space, 31 Victor Street, Chatswood

8.30am – 5.00pm. Cost: Free

Contact: Julianne Ross Allcorn on 0466 521 313 or email juliallcorn@gmail.com

1 December
2016 – 29
January 2017

Koori Art Expressions – 2016 Exhibition: 'Songlines'

See incredible artworks created by students in NSW Public Schools across Sydney (Kindergarten to Year 12) in their exploration of the 2016 NAIDOC Week theme.

This year's theme is 'Songlines: the living narrative of our nation'.

It's an opportunity for Australians to learn more about Songlines & explore those which have created the country in their region. It is a chance to learn how Aboriginal & Torres Strait Islander communities are now using digital technologies & modern mediums to record & celebrate these ancient Songlines or dreaming stories.

The focus of this annual arts program is for students & teaching staff to develop an understanding of Aboriginal culture & heritage, the unique connection Aboriginal people have to country & how the achievements of the past inform & further our aspirations & plans for the future.

Australian National Maritime Museum – 2 Murray Street, Darling Harbour.

9.30am – 5.00pm (6.00pm in January) Closed Christmas Day (25 December).

Songlines included in Free Galleries ticket – not for all exhibits.

<http://www.anmm.gov.au/whats-on/exhibitions/on-now/koori-art-expressions>

1 December
2016 – 17
April 2017

Demolished Sydney

This summer the Museum of Sydney will host Demolished Sydney, an exhibition exploring the buildings that once shaped the city's skyline, from the convict built Commissariat Stores to the city's last island of industry, the Kent Brewery. Curated by Dr Nicola Teffer, the exhibition examines the histories of 13 sites & asks, what are the forces that have shaped our changing city & how do we value & preserve the heritage of the city we inherit?

Like its counterparts across the world, Sydney has been in a constant state of building, unbuilding & rebuilding as it has grown into the metropolis of today. The mix of Georgian, Victorian, Art Deco & modernist buildings that have formed the character of Sydney also tell the story of its changing fortunes, attitudes & needs. Demolished Sydney reveals this process of urban evolution through key buildings that have been demolished & replaced. Through fragments salvaged from theatres, hotels & office blocks, alongside stunning photography, artworks & film, Demolished Sydney brings back to life the heritage of a Sydney that is gone but not forgotten.

Museum of Sydney, Cnr Phillip & Bridge Streets, Sydney.

10am – 5pm. Adult \$12; Concession \$8; Family \$30; Children Under 5 Free.

<http://sydneylivingmuseums.com.au/exhibitions/demolished-sydney>

1 December
2016 –
1 July 2017

Spiders - Alive & Deadly

Get closer to over 400 real spider specimens including live tarantulas, giant water spiders & deadly funnel-webs. See live spider milking at the Venom Lab, enter a cave crawling with spiders, test your strength against spider silk & dare yourself to try other creepy crawly immersive experiences.

Venom Lab at the Australian Museum - Watch live venom milking at the Venom Lab, daily at 10.30am & 1.30pm. Our professional spider wranglers are collecting venom for the University of Queensland's venom library.

Dome Spider at the Australian Museum - Be completely surrounded by live Dome Tent-web Spiders & their large dome-shaped webs in a viewing sphere. These spiders are common in north & north-eastern Australia and can grow as large as a child's hand.

Tasmanian Cave Spiders at the Australian Museum - Enter into the rarely seen world of the Tasmanian Cave Spider. Grab a virtual torch to shed light on their mysterious home. As your shadow is cast on the cave walls, interact with these web weavers!

Australian Museum, 1 William St, Sydney. 9.30am – 5.00pm. Cost: \$24.00 Adult; \$14 Child; \$16 Conc. (Includes General Admission)

<http://australianmuseum.net.au/landing/spiders-alive-and-deadly/>

2 December

Community Food Swap

Are you a keen gardener who has excess produce & you don't know what to do with it? How about donating it at a community food swap & picking up some other produce in return? You may end up with tasty ideas to expand your patch by taking away a delicious fruit or vegetable you haven't tried before.

The Food Swap is also a great opportunity to swap tips with other local backyard green thumbs. Blend Café will be open on the day, with delicious fair trade coffee & nutritious snacks available for purchase.

The Food Swap will run on the first Friday of every month.

Address: Blend Cafe, Dougherty Centre, 7 Victor Street, Chatswood.

9.30am - 11.30am. Cost: Free.

Contact: Willoughby Council on 9777 7730 or email Tejinder.Gill@willoughby.nsw.gov.au

- 2 December** **Bush Regeneration - Balgowlah Heights Bushcare** meets every first Friday of the month (except for school holidays) at the entry to the bushland area on the Eastern Campus, Radio Avenue, 9-11am. Please BYO tools & cup for morning tea. Everybody welcome, you don't need to have a child at school. For more information contact: Ann-Charlott Paduch, acpaduch@mac.com
- 2, 9, 16 December** **Planting, Pruning, Weeding! @ North Head Sanctuary Foundation – Native Plant Nursery** - every Friday - If you have a spare two hours from 8.30am - 12noon, to help with planting or weeding & special projects - please come & join us. Please wear a hat, insect repellent & closed in shoes. For more information, please email Jenny at northhead@fastmail.fm
- 2, 3, 7, 9, 10, 14, 16, 17, 21, 23, 24, 28, 30, 31 December** **Aboriginal Heritage Tours**
Learn the richly diverse history & culture of the Aboriginal people of the Sydney region with an Aboriginal guide in the heart of the city. Uncover the Royal Botanic Garden's rich Aboriginal heritage by exploring plant uses, culture, artefacts & tasting some bush foods.
Location: Tours depart from the Information Booth outside the Garden Shop at the Palm Grove Centre Every Wed, Fri and Sat. 10.00 am Price: \$39 per person, Foundation & Friends members \$31.20 per person. Bookings essential. Private group bookings please contact aboriginal. Contact: programs@rbgsyd.nsw.gov.au
Bookings online at:
<http://www.eventbrite.com/e/aboriginal-heritage-tour-tickets-19814460585>
More info:
<https://www.rbgsyd.nsw.gov.au/What-s-On/Aboriginal-heritage-tours>
- 3 December** **Seed Collection Field Trip**
From delicate grass seeds to hard woody fruits, come & learn about collecting seed from native plants on a local bushwalk.
Venue: Lane Cove – details given upon booking. 9.00am – 12.00noon.
Bookings essential - limited spaces available, phone 9911 3583 or book online at:
<http://survey.lanecove.nsw.gov.au/survey/TakeSurvey.aspx?SurveyID=n451m79>
Website:
<http://www.lanecove.nsw.gov.au/Environment/NaturalEnvironment/Pages/WalksAndTalks>
- 3 December** **Composting**
Composting already but would like to know more or are you a beginner & would like to learn the basics? Come along to this free two hour workshop to learn all aspects of composting, including material & techniques.
Venue: Coal Loader Centre for Sustainability, 2 Balls Head Drive, Waverton.
11.00am – 1.00pm. Cost: FREE.
For more information please contact Sustainability Education Officer.
Telephone: 9936 8100.
Email: sustainabilityeducation@northsydney.nsw.gov.au
Bookings essential online at:
<https://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=226253>
Website:
http://www.northsydney.nsw.gov.au/Waste_Environment/Get_Involved/Green_Events/

3 December **Christmas Gift Ideas**
Looking for some sustainable Christmas gift ideas? Come along & learn to make simple, easy gifts including waxed fabric food wraps, a jar of a simple cream, vinegar herbal pickle & fragrant herbal massage oils.
Venue: Coal Loader Centre for Sustainability, 2 Balls Head Drive, Waverton.
1.30pm – 4.00pm. Cost: FREE.
For more information please contact Sustainability Education Officer.
Telephone: 9936 8100
Email: sustainabilityeducation@northsydney.nsw.gov.au
Bookings essential online at:
<https://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=235550>
Website:
http://www.northsydney.nsw.gov.au/Waste_Environment/Get_Involved/Green_Events

3 December **Fair Trade Christmas Market**
Come along to this special event & purchase a fair trade gift for a loved one. Everything sold at the market has a story behind it - the story of beautifully handmade products crafted by people who have been given the opportunity for a better life for themselves & their families.
Fair trade food & drinks will be available, with live music by Egypsy.
Address: Chatswood Mall, Chatswood
10.00am – 4.00pm. Cost: Free.
Contact: Willoughby Council on 9777 7730 or email Tejinder.Gill@willoughby.nsw.gov.au

3 December **More Easy Bush Christmas Decorations @ Stony**
Easy bush themed Christmas decorations
Use your imagination & objects from the bush to make magical decorations for Christmas at Stony Range Regional Botanic Garden.
1.30pm - 4.00pm. Free Event.
Eleanor Eakins. Phone: 9451 1883. Mobile: 0431 759 819.
Stony Range Regional Botanic Garden, 810 Pittwater Rd, Dee Why.

3 December **Microplastics Workshop**
A citizen Science project targeting microplastics
Microplastics wreak devastation on marine life, concentrating pollutants in the ocean before being ingested & are now entering the human food chain as well.
Local group Living Ocean is hosting a microplastics workshop led by seabird microplastics specialist Dr Jennifer Lavers. You can become one of an enthusiastic band of leaders giving 2-3 hours per month at Living Ocean's local beach cleanups coordinating the collection & classification of microplastics.
Where: Coastal Environment Centre, Lake Park Road, North Narrabeen.
1pm - 3.30pm. Bookings Essential!
Phone: 1300 000 232.

3 December

Aboriginal Bush Food Experience

Join our passionate Aboriginal guides to discover how to incorporate native Australian bush foods with everyday ingredients. Use a traditional coolamon to gather seasonal fruits, seeds, berries, native vegetables & plants from around the Royal Botanic Garden Sydney before learning about traditional food preparation methods & tasting your very own bush food infused recipes.

Gain a greater understanding of Aboriginal heritage & culture as well as connection to country on this unique Aboriginal Bush Food Experience in the heart of Sydney.

Location: Rathbourne Lodge, Royal Botanic Gardens. 12.00noon – 4.00pm.

Price: Members \$72 Adult. Non-members \$80 Adult Contact:

aboriginal.programs@rbgsyd.nsw.gov.au Bookings essential online at:

<https://www.eventbrite.com/e/aboriginal-bush-food-experience-tickets-27747087285>

<https://www.rbgsyd.nsw.gov.au/What-s-On/Aboriginal-Bush-Food-Experience-1>

3, 4, 10, 11,
17
December

Every Sat & Sun - Birdlife Discovery Centre - The BirdLife Discovery Centre provides opportunities for people to learn about & engage with birds in their natural habitat. It is located in the Newington Armory - formerly the Royal Australian Navy Armaments Depot in the Parklands at Sydney Olympic Park. Learn about the beautiful birds that inhabit the Park. Watch EagleCam live to learn the secrets of the resident white bellied sea eagles.

Visitor Information: Travelling by car: park at the end of Jamieson Street & follow the signs.

Birdlife Discovery Centre, Newington Armory, Building 133, 1 Jamieson Street, Sydney Olympic Park. Opening hours: Saturday & Sunday 10am-4pm. Note: The BirdLife

Discovery Centre is not open on weekdays. Phone: 9647 1033 or email:

southernnsw@birdlife.org.au website: <http://birdlife.org.au/visit-us/discovery-centre>

3, 4, 10, 11,
17, 18
December

North Fort Tunnel Tours - Every Sunday - Want to get the underground story on Sydney's defence history? Take a 90 minute guided tour through WWII tunnels, gun emplacements & hear how North Fort contributed to the Defence of Sydney & enjoy magnificent views of the harbour. Tour includes bush tracks, stairs & underground tunnels. Enjoy a snack at the on-site cafe. Where – North Head Visitor Centre at North Fort - enter through main gate on North Fort Rd, from North Head Scenic Drive, Manly (parking available) or walk from Manly through North Head Sanctuary. Times – 10.30am, 11.30am, 1.00pm & 2.00pm. Cost - Adult \$7, Child/Conc. \$5, Family \$20. Bookings - Sundays on site for that day only. More info phone 8969 2100. <http://www.harbourtrust.gov.au/visit/north-head-sanctuary-manly/tours>

In addition to Sundays, North Fort Tunnel Tours are run every Saturday at 10.30am & 1.00pm from December to February for our summer series. Other information as above. <http://www.harbourtrust.gov.au/visit/north-head-sanctuary-manly/tours>

3rd Quarantine Cemetery tours – 2nd Saturday of the month from Nov – Feb (Saturday 10 December; 14 January; 11 February)

6, 13, 20
December

Planting, Pruning, Weeding! @ North Head Sanctuary Foundation – Native Plant Nursery - every Tuesday - If you have a spare two hours from 8.30am - 12noon, to help with planting or weeding & special projects - please come & join us. Please wear a hat, insect repellent & closed in shoes. For more information, please email Jenny at

northhead@fastmail.fm

7, 14, 21, 28
December

200th Birthday History & Heritage Walk

Join staff & our passionate volunteer guides as they take you on a journey through the first 200 years of our history as a Botanic Garden by the Harbour.

Learn about the people & plants that have created our unique garden & scientific institution. Find out more about our living & built heritage in this 1.5 hour wander through the oldest Botanic Garden in the country.

Location: Royal Botanic Gardens Sydney, Woolloomooloo Gate, Mrs Macquarie's Road.

Date & time: Every Wednesday 11.00am – 12.30pm.

Price: \$20, Concession \$15 (including Foundation and Friends of the Botanic Gardens members). Booking essential online at:

<https://www.eventbrite.com.au/e/royal-botanic-garden-heritage-walk-celebrating-200-years-tickets-21796475846> More info please contact: 9231 8317. Organised groups of 10 or more, please email paul.nicholson@rbgsyd.nsw.gov.au Website: <https://www.rbgsyd.nsw.gov.au/What-s-On/200th-Birthday-History-Heritage-Walk>

10 December

Worm Farming

Join this free two hour workshop & learn ways to reduce your kitchen food waste & create ready-made fertilizer!

Venue: Coal Loader Centre for Sustainability, 2 Balls Head Drive, Waverton.

11.00am – 1.00pm. Cost: FREE. For more information please contact Sustainability Education Officer. Telephone: 9936 8100

Email: sustainabilityeducation@northsydney.nsw.gov.au

Bookings essential online at:

<https://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=226254>

Website:

http://www.northsydney.nsw.gov.au/Waste_Environment/Get_Involved/Green_Events

11 December

Permaculture Northern Beaches –

To celebrate all we have done in 2016 we are holding our end of year get together as a picnic & seed swap at Collaroy Beach on Sunday 11 December from 1.00pm.

Bring any seeds you wish to swap or you can make a small donation to purchase some.

We will be on the grassy area adjacent to the children's playground & will have a permaculture sign so as you can see us. There is also amenities, covered picnic areas & of course the beach, an ocean pool & children's pool for swimming.

Please bring a plate of food to share - it is always a feast & a great way to celebrate xmas & the year end with like-minded community.

Collaroy Beach – on the grassy area adjacent to the children's playground. 1.00pm.

Website: www.permaculturenorthernbeaches.org.au

11 December

Waratah Park Working Bee - Volunteers are needed to help at our next Working Bee at Waratah Park, Home of the 1960s TV show Skippy the Bush Kangaroo. It is 12 hectares of bushland, environment, culture & rare flora & fauna species. Weed removal is well underway & the park now looking in great shape but we still need help to maintain the existing work & continue the battle against the weeds!! What to bring: Hat, Gloves, a bottle of Water, if available please bring along small hand tools such as weeders & mattocks. What to wear: Protective Clothing that covers your arms & legs & a strong pair of Shoes/Boots.

Venue: Waratah Park, 13 Namba Road, Duffy's Forest. 9am - 1pm.

Contact: DFRA Jenny Harris Ph: 0408 512 060 or email jennyh05@optusnet.com.au

All details are on DFRA website: www.Duffysforest.com

11 December **Free Long Reef Guided Walk – 12.00noon – 2.00pm.**
Fishcare Volunteers offer FREE guided, educational walks onto the rock platform at Long Reef where visitors will observe some of the vast marine life in the rock pools, learn about the geographical features of the area, look at trace fossils & learn why some migratory birds travel from Siberia to spend time at Long Reef.
FREE GUIDED WALKS of Long Reef Aquatic Reserve with NSW Department of Industry & Investment Fishcare Volunteers will be held on the following dates:
Sunday, 11 December, 2016 – 12.00noon – 2.00pm.
Sunday, 29 January, 2017 – 3.30pm – 5.30pm.
Sunday, 26 February, 2017 – 2.30pm to 4.30pm.
Sunday, 26 March, 2017 – 1.30pm to 3.30pm.
Sunday, 9 April, 2017 – 12.30pm to 2.30pm.
Long Reef Aquatic Reserve Guided Walks, Collaroy.
~ Walks are held subject to tides & weather conditions ~ Bookings essential. Email Wendy: longreefwalks@gmail.com or phone 0411 124 200.
<http://reefcarelongreef.org.au/guided-reef-walks/>

14 December **Pre-Schoolers' Bush Christmas**
It's the festive season and the bush is alive with magic & mystery. Bring your child on a magical mystery tour followed by a Christmas party, games & story time.
Bring your child's snack & a mug for a cuppa.
Address: Address given upon booking – Artarmon.
10.00 am – 11.30 am. Cost: Free. Places Available: 10. Bookings essential.
Contact: Emma Hayes on 9777 7755 or email Bushwalk@Willoughby.nsw.gov.au

December

Sunday 4 December, 2016

Manly Ocean Care Day

South Steyne Beach, Manly

10.30am – 4.30pm.

2016 Theme: 'Love Our Locals!'

www.mec.org.au

More info contact MEC 9976 2842